

# Aaron Olden, MD, FACP

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## CURRENT POSITION

Physician Owner, Mindful Medicine Rochester PLLC

## EDUCATION

<b>Medical Acupuncture</b> , Helms Medical Institute, 300 hours	2018
<b>M.S., Clinical Investigation</b> University of Rochester, Department of Community and Preventative Medicine	2010
<b>Palliative Care Fellowship</b> University of Rochester, Strong Memorial Hospital, Center for Ethics, Humanities and Palliative Care	2007 – 2008
<b>Chief Resident, Internal Medicine</b> University of Rochester, Strong Memorial Hospital, Department of Medicine	2006 – 2007
<b>Internal Medicine Resident</b> University of Rochester, Strong Memorial Hospital, Department of Medicine	2003 – 2006
<b>M.D.</b> University at Buffalo School of Medicine and Biomedical Sciences	1999- 2003
<b>B.A. Biology</b> , Magna Cum Laude, University of Rochester	1995- 1999

## ACADEMIC APPOINTMENT

Clinical Assistant Professor of Medicine, University of Rochester 2013 – 2019

## CERTIFICATIONS

<b>Board Certified</b> , Internal Medicine (ABIM)	Initial Certification 8/2006, Recertified 10/2016 – 12/2026
<b>Board Certified</b> , Hospice and Palliative Medicine	Initial Certification 10/2008, Recertified 11/2018- 11/2028

## AWARDS AND GRANTS

Rochester Business Journal, 40 under 40, 2017

**Greater Rochester Health Foundation**, Clinical Services for Older Adults  
Lifetime Care was awarded \$627,338 between 2015 and 2018 to build upon existing palliative care services to create a comprehensive, interdisciplinary team approach – Advanced Illness Support Program (AISP) – for older adults in Monroe County. AISP assisted primary care providers with the care of patients in need of pain and symptom control, and engages patients and families in discussions about treatment options and advance care planning.

## PREVIOUS POSITIONS

<b>Medical Director, Palliative Care</b> , Lifetime Home Care and Hospice	2014-2019
<b>Division Chief</b> , Palliative Medicine, Unity Health System, Rochester, NY	2010-2014

## LEADERSHIP/TEACHING EXPERIENCE

<b>Faculty Member</b> , URMCC Palliative Care Fellowship, Rochester, NY	2010 – 2019
<b>Faculty Member</b> , Unity Hospital Internal Medicine Residency, Rochester, NY	2010 – 2013
<b>Chair</b> , Joint Commission Workgroup – Unity Palliative Care, Rochester, NY	2012 – 2013

<b>Master Clinician Rounds</b> , University of Rochester School of Medicine, Rochester, NY	2006 – 2009
<b>Introduction to Clinical Medicine, Small Group Facilitator, URM School of Medicine</b>	2007
<b>Problem-Based Learning Facilitator</b> , University of Rochester School of Medicine, Rochester, NY	2003 – 2005

## COMMUNITY SERVICE AND BOARD ACTIVITY

<b>Member, Board of Directors, East House</b>	5/2017 - present
<b>Governance Committee, Board of Directors, East House</b>	10/2019- present
<b>Program Review Committee, Board of Directors, East House</b>	12/2016 – present
<b>Medical Advisor</b> , Shepherd Home Comfort Care Home	2014 – 2015

## PUBLISHED PAPERS (PEER REVIEWED)

**Olden, AM**, Quill, TE, Holloway, R, Ladwig, S, van Wijngaarden, E. Palliative Care Needs and Symptom Patterns of Hospitalized Elders Referred for Consultation. *Journal of Pain and Symptom Management*. 2011; 42(3): 410-8

**Olden AM**, Holloway R. Treatment of Malignant Pleural Effusion: PleuRx® Catheter or Talc Pleurodesis? A Cost Effectiveness Analysis. *J Palliat Med*. 2010; 13(1): 59-65.

**Olden AM**, Quill TE, Bordley D, Ladwig S. Evaluation of a Required Palliative Care Rotation for Internal Medicine Residents. *J Palliat Med*. 2009;12(2):150-4

## BOOKS/BOOK CHAPTERS

Quill TE, Bower, K, Holloway R, Shah MJ, Caprio T, **Olden AM**, Storey P (Eds.) Primer of Palliative Care, 6<sup>th</sup> Edition. Chicago: American Academy of Hospice and Palliative Medicine Press, Revised 2014.

Quill TE, Holloway R, Shah MJ, Caprio T, **Olden AM**, Storey P (Eds.) Primer of Palliative Care, 5<sup>th</sup> Edition. Chicago: American Academy of Hospice and Palliative Medicine Press, Revised 2010.

**Olden AM**, Quill TE “Palliative Care for Heart Failure Patients,” in Manual of Heart Failure Management. Bisognano, JD et al, eds. Springer, April 2009.

## EDITORIAL PANELS

**Associate Editor**, PC-FACS (Fast Article Critical Summaries for Clinicians in Palliative Care), 2012-2015.

## INVITED ABSTRACTS/WRITINGS

**Olden, AM. Foreword:** “Death and Other Signs of Life – Teaching Teens to Be There with the Dying.” Film Companion by Robert Kane.

**Olden, AM.** “Integrating Palliative care and Oncology.” *WNY Physician*. 2013: Volume 5.

Caprio TV, **Olden AM**, McKee MM. Nursing Home Provider Survey on End-of-Life Care: An Educational Needs Assessment. *J Am Geriatr Soc* 2011; 59(s1)181.

**Olden A**, Quill TE, Ladwig S. End of Life Care and MOLST Completion. *J Am Geriatr Soc* 2007, 51 (s1): S159-160. Presented at American Geriatrics Society National Meeting, 2009.

**Olden AM**, Quill TE, Bordley D, Ladwig S. Evaluation of a Required Palliative Care Rotation for Internal Medicine Residents. Presented at American Geriatrics Society National Meeting, 2008.

## HONORS AND ACHIEVEMENTS

**T. Franklin Williams Award in Geriatrics**, May 2005

**Phi Beta Kappa**, University of Rochester, May 1999

## INVITED LECTURES – ACADEMIC AND COMMUNITY

**“Mindful Medicine, Stress, and Acupuncture”**

Episcopal Senior Life, December 2019

**“Medical Acupuncture 101”**

Jewish Senior Life Lunchtime Lecture, September 2019

**“Palliative Care, Hospice, and the Pharmacist”**

Wegmans School of Pharmacy. PHAR 3218 - Introduction to Diversity, April 2018

**“Palliative Care, Hospice, and the Pharmacist”**

Wegmans School of Pharmacy. PHAR 3218 - Introduction to Diversity, April 2017

**“Being Mortal: Medicine and What Matters in the End”**

Community Lecture/Video Viewing sponsored by Lifetime Care, March 2017

**“Home Hospice vs. Home Palliative Care – Myths and Misconceptions.”** Panelist, Fourth Annual Palliative Care Collaborative of Rochester Symposium, URMC, October 2016

**“Medication Challenges in Hospice and Palliative Care: A Case-Based Presentation”**

St. John Fisher Wegmans School of Pharmacy, PHAR 5119- Introductory Practice Experience III, September, 2016.

**“Palliative Care: Transforming the Care of Serious Illness”**

Community Lecture sponsored by Lifetime Care, April, 2016

**“Palliative Care, Hospice, and the Pharmacist”**

Wegmans School of Pharmacy. PHAR 3218 - Introduction to Diversity, April 2016

**“Complementary Therapies in Palliative Care: A Panel Discussion”**

Panelist, Third Annual Palliative Care Collaborative of Rochester Symposium, URMC, November 2015

**“Medication Challenges in Hospice and Palliative Care: A Case-Based Presentation”**

St. John Fisher Wegmans School of Pharmacy, PHAR 5119- Introductory Practice Experience III, October, 2015

**“Integrating Palliative Care and Speech Language Pathology”**

Lecture for Speech Language Graduate Program, Nazareth College. CSD 611, June, 2015

**“Palliative Care – Living With Metastatic Breast Cancer”**

Breast Cancer Coalition of Rochester 12<sup>th</sup> Annual Advanced Breast Cancer Seminar, April 24, 2015

**“Mindfulness in Health Care” – Evening Lecture**

Lifetime Hospice Volunteers, April 2015

**“Palliative Care, Hospice, and the Pharmacist”**

Wegmans School of Pharmacy. PHAR 3218 - Introduction to Diversity, April 2015

**“Yoga and Marijuana – Not Just for Hippies!”**

Second Annual Palliative Care Collaborative of Rochester Symposium, URMC, November 2014

**“Medication Challenges in Hospice and Palliative Care: A Case-Based Presentation”**

St. John Fisher Wegmans School of Pharmacy, PHAR 5119- Introductory Practice Experience III, October, 2014

**“Palliative Care, Hospice, and the Pharmacist”**

Lecture for First-Year Pharmacy Students, St. John Fisher Wegmans School of Pharmacy.  
PHAR 3218 - Introduction to Diversity, April 2014

**“Integrating Palliative Care and Speech Language Pathology”**

Lecture for Speech Language Graduate Program, Nazareth College. CSD 611, February 2014

**“Complementary and Alternative Medicine in Palliative Care: ‘What is the Evidence?’”**

First Annual Palliative Care Collaborative of Rochester Symposium, URMC, November 2013

**“Palliative Care, Hospice, and Complimentary Medicine”**

American Cancer Society “I Can Cope” Group – Community Lecture, October 2013

**“Dynamics of Patient Care: Who is Running the Show?”**

Department of Medicine Grand Rounds, Unity Hospital, September 2012

**“Palliative Care for Cardiology Patients”**

Department of Medicine, Unity Hospital – Cardiology Morning Report, February 2012

**“Palliative Care and Hospice”**

American Cancer Society “I Can Cope” Group – Community Lecture, May 2011

**“Back to the Basics: Pain Management Pearls”**

Department of Medicine Grand Rounds, Unity Hospital, March 2011

**“A Case of Newly Diagnosed HIV and an Associated Complication”**

Department of Medicine Grand Rounds, URMC, May 2007

## PROFESSIONAL MEMBERSHIPS

**Fellow**, American College of Physicians

2015 – present

**American Academy of Hospice and Palliative Medicine (AAHPM)**

2007 – present

**American College of Physicians (ACP)**

2005 – present

## LICENSE/ NPI

**New York State License** 239654-1

**NPI** 1225086440